## **History of April**

April was originally the second month of the year in the Roman calendar and consisted of 30 days. It became the fourth month consisting of only 29 days when January was designated the first month of the year around 450 BCE. April became 30 days long again when Julius Caesar reformed the calendar.

Yet on the lips of many is the old saying "April showers bring May flowers." The chilly winds and damp weather are not yet done. April then is a hopeful month showing the promise of beauty in the not too distant future.

Easter most often falls during April. Easter is the commemoration of the death and resurrection of Jesus. Many of the rituals surroundings its celebration have pagan origin including hiding Easter eggs. Eggs are a symbol of fertility and new lift.

April also plays host to April Fools Day, the first day in April. On this day practical jokes are practiced on the unwary (and often the wary as well). This tradition seems to have originated in France where New Years Day was celebrated during Medieval times on the 1st of April. Gregory XIII changed it back to the 1st. Of January in 1582. Many people in rural areas did not make the change for several years.

April has also been designated National Poetry Month, Jazz Appreciation Month, and Be Vigilante Against Child Abuse Month.

## Lunch Menu for April 2021

			Thursday, April 1	Friday, April 2
Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Or- anges, Banana, Red Deli- cious Apple, Baby Car- roteenies, Raisins, Craisin, Apple Juice or Orange Juice		Cheese Enchiladas, Spanish Rice, Refried Beans Cheeseburger PB&J Sandwich Fresh Fruit Salad Daily Fruit, Juice & Milk	Costco Pizza-Variety  Chicken Patty Sandwich PB&J Sandwich Popcorn Chicken Salad Daily Fruit, Juice & Milk
Monday, April 5	Tuesday, April 6	Wednesday, April 7	Thursday, April 8	Friday, April 9
Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wrap Daily Fruit, Juice & Milk	No Hotline due to Testing Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wrap Daily Fruit, Juice & Milk	Early Release BBE—PB&J Sandwich Daily Vegetable Daily Fruit Fruit Juice Choice of milk	Cheeseburger Deep Dish Pizza PB&J Sandwich Fresh Fruit Salad Popcorn Chicken Salad Daily Fruit, Juice & Milk	Costco Pizza-Variety  Cheeseburger PB&J Sandwich Fresh Fruit Salad Popcorn Chicken Salad Daily Fruit, Juice & Milk
Monday, April 12	Tuesday, April 13	Wednesday, April 14	Thursday, April 15	Friday, April 16
No Hotline due to Testing Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Daily Fruit, Juice & Milk	No Hotline due to Testing Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Daily Fruit, Juice & milk	BBE—PB&J Sandwich Daily Vegetable Daily Fruit Fruit Juice Choice of milk	Cheeseburger PB&J Sandwich Deep Dish Pizza Fresh Fruit Salad Popcorn Chicken Salad Daily Fruit, Juice & Milk	April Break
Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22	Friday, April 23
No Hotline due to Testing -Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Daily Fruit, Juice & Milk	No Hotline due to Testing Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Daily Fruit, Juice & Milk	BBE— PB&J Sandwich Daily Vegetable Daily Fruit Fruit Juice Choice of Milk	Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Popcorn Chicken Salad Daily Fruit, Juice & Milk	Costco Pizza-Variety  Cheeseburger Deep Dish Pizza PB&J Sandwich Turkey Sub Sandwich Spicy Chicken Wraps Daily Fruit, Juice & Milk
Monday, April 26	Tuesday, April 27	Wednesday April 28	Thursday April 29	Friday April 30
Mashed Potato Bowl Spic Chicken Sandwich PB&J Sandwich Turkey Sub Sandwich Daily Fruit, Juice & Milk	Asian Chicken Bowl Deep Dish Pizza PB&J Sandwich Spicy Chicken Wrap Daily Fruit, Juice & milk	BBE–PB&J Sandwich Daily Vegetable Daily Fruit Fruit Juice Choice of Milk	Pizza Calzone Chicken Patty Sandwich PB&J Sandwich Fresh Fruit Salad Popcorn Chicken Salad Daily Fruit, Juice & milk	Costco Pizza-Variety Chicken Patty Sandwich PB&J Sandwich Fresh Fruit Salad Daily Fruit, Juice & milk

#### **April**

- National Canine Fitness Month
- National Distracted Driving Awareness Month
- National Guitar Month
- National Autism Awareness Month

AFUHSD Food Service Department is providing a variety of meal service during the 20/21 SY.

Students/Families can only participate in 1 program - - RTL 5 day meal box pick-up each Wednesday OR Blue Bird Eats or ESS Homebound delivery each Wednesday.

This institution is an equal opportunity provider and employer.

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# Breakfast Menu for April 2021

			Thursday, April 1	Friday, April 2		
Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Or- anges, Banana, Red Deli- cious Apple, Baby Car- roteenies, Raisins, Craisin, Apple Juice or Orange Juice		WG Chocolate Chip Cookies Daily Fruit, Juice & Milk	Assorted WG Muffins Daily Fruit, Juice & Milk		
Monday, April 5	Tuesday, April 6	Wednesday, April 7	Thursday, April 8	Friday, April 9		
Assorted WG Donuts     Daily Fruit, Juice & Milk	Assorted WG Pop Tarts Daily Fruit, Juice & Milk	Early Release BBE– Assorted WG Cereal Daily Fruit, Juice & milk	WG Chocolate Chip Cookies Daily Fruit, Juice & Milk	Assorted WG Muffins Daily Fruit, Juice & Milk		
Monday, April 12	Tuesday, April 13	Wednesday, April 14	Thursday, April 15	Friday, April 16		
Assorted WG Donuts Daily Fruit, Juice & Milk	Assorted WG Pop Tarts Daily Fruit, Juice & milk	BBE— Assorted WG Cereal Daily Fruit Fruit Juice Choice of milk	WG Chocolate Chip Cookies Daily Fruit, Juice & Milk	April Break		
Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22	Friday, April 23		
Assorted WG Donuts  Daily Fruit, Juice & Milk	Assorted WG Pop Tarts Daily Fruit, Juice & Milk	BBE– Assorted WG Cereal Daily Fruit Fruit Juice Choice of Milk	WG Chocolate Chip Cookies Daily Fruit, Juice & Milk	Assorted WG Muffins Daily Fruit, Juice & Milk		
Monday, April 26	Tuesday, April 27	Wednesday April 28	Thursday April 29	Friday April 30		
Assorted WG Donuts Daily Fruit, Juice & Milk	Assorted WG Pop Tarts Daily Fruit, Juice & milk	BBE– Assorted WG Cereal Daily Fruit Fruit Juice Choice of Milk	WG Chocolate Chip Cookies Daily Fruit, Juice & milk	Assorted WG Muffins Daily Fruit, Juice & milk		

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